#### St. Mary's Cathedral 19<sup>th</sup> February 2023 S EVENTH SUNDAY OF ORDINARY TIME

# Please remember the following in your prayers RECENTLY DECEASED

Edward (Ned) Sweeney, Killester and Kilkenny Mary Millar, Rathfarnham

#### ANNIVERSARIES

11am Edel and Thomas Burke, Dean Cavanagh Place Michael Hanrahan, Dukes Meadows

Seamus Culleton, Sadie McGrath, Therese McGrath, Jim Cody, Annie Dowling, Peggy Shanahan, Jimmy Gahan.

#### **NEXT WEEK'S ANNIVERSARIES**

 11am Kathleen and Richard Whyte, Haughney Green and College Court Stella Doheny, High Street Sean Jones, Beechpark

#### **Months Mind**

11am Sr. Regina Keyes, Presentation Convent.

#### PARISH OFFICE

Office open Monday, Tuesday and Friday 9.30am to 1.00pm

#### **CATHEDRAL GIFT SHOP**

The Shop is open Tuesday thro Friday, 9.30am - 5pm. A wide variety of gifts for First Holy Communion and Confirmation is available. The shop also has in stock different publications of the Bible.

#### **DIOCESAN DRAW**

The February draw will take place on Wednesday 22<sup>nd</sup> at 8pm in the Chapter House. All welcome.

#### **CRISIS IN TURKEY AND SYRIA**

Nationally the bishops of Ireland have asked that an opportunity to respond to the earthquake crisis in Turkey and Syria be given at masses. Monies donated will be given to Trocaire who, through their good offices, will respond to those most in need at the4 sites of these earthquakes.



St. Mary's Cathedral Kilkenny Fr. Richard Scriven, Adm. 087 242 0033 Email: <u>rscriven2009@gmail.com</u> Office: stmaryscathedral@ossory.ie <u>www.stmaryscathedral.ie</u>

#### ASH WEDNESDAY

Wednesday 22<sup>nd</sup> is Ash Wednesday and the beginning of Lent. Mass in the Cathedral with the blessing and distribution of ashes at 9am. Fr Scriven will visit the schools on Wednesday for a service marking the beginning of Lent.

Lent has a particular penitential aspect. In accordance traditionally no flowers adorn the altar area; the alleluia is not sung and the Gloria will not be prayed until Easter Saturday night.

On Ash Wednesday we receive ashes marking the beginning of the season of Lent and time for the purification of our souls. The sign of penance signifies the human condition of the sinner, who seeks to express guilt before the Lord in an exterior manner, and by so doing express an interior conversion, led on by the confident hope that the Lord will be merciful.

Ash Wednesday is a day of fast and abstinence. Fasting is the soul of prayer, mercy is the lifeblood of fasting. If we have not all three together, we have nothing" (St Peter Chrysologus).

## DIOCESE OF OSSORY - LENT 2023

A wide variety of activities for Lent are being offered locally by the diocese of Ossory. See notice board in the porch for details of talks or the diocesan website: <u>www.ossory.ie</u>

- Has Catholic Education a future in a Modern Ireland?
- The Ethics of War in this time of Conflict
- Synodality Our Church Today
- Women in the Church Biblical Perspectives
- What does Pope Francis intend by calling us to be a Synodal Church?
- St Patrick How would he speak to a modern Ireland?
- Take and Eat Reflections for Eucharistic Ministers
- Foundations in Youth Ministry
- Lenten Tweets

#### COELIAC AND HOLY COMMUNION

Please note that if you are gluten intolerant you are welcome to receive Holy Communion from the Ciborium that has Coeliac Hosts. Please present in the right hand side aisle and indicate to the minster your preference.

#### ST. MARY'S DAY CARE CENTRE

Coffee morning every Thursday starting  $2^{nd}$  February from 10.30am to 12.30pm If you would like some company or just somewhere to call. Feel free to drop in for a cuppa and a chat. **All welcome. No Charge.** 

BECOME A FRIEND OF ST MARY'S CATHEDRAL

### TROCAIRE - WORKING FOR A JUST WORLD

Trocaire was set up by the Irish Bishops in 1973 and is 50 years old this year. Trócaire is the Irish word for compassion and this wonderful organisation turns the compassion of the Irish people into life changing support for people around the world who need it. Working closely with local organisations within the countries where they work Trócaire shares ideas, skills and money so that local people can help themselves and their communities.

Lenten Trocaire Boxes are available in the Cathedral for collection. Please use them during the weeks of Lent.

## FRIDAY PENANCE

- Abstaining from meat or some other food
- Abstaining from alcoholic drink or smoking;
- Making a special effort at involvement in family prayer;
- Making a speck effort to participate in mass on Fridays;
- Visiting the Blessed Sacrament;
- Making the Stations of the Cross;
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy;
- Helping the poor, sick, old or lonely.
  *From the statement on Friday Penance Issued by the Irish Bishops' Conference, 2011*

# JOURNEY THROUGH LENT

The Priory Institute is delighted to offer a free of charge online retreat 'Reflecting on the Sunday Gospels of Lent as Steppingstones on our Journey to Easter'. The course consists of four recorded presentations that will become available over the six Sundays of Lent ending on Palm Sunday, so on the first Sunday there will be access to one recording and on the second Sunday access to two recordings and so on. Participants can watch the films whenever suits them, and revisit films they have already viewed. For more information visit our website: www.prioryinstitute.com

# LOURDES 2023: 23<sup>RD</sup> TO THE 28<sup>TH</sup> MAY

The Diocese of Ossory is delighted to announce that the Lourdes Pilgrimage will recommence this year. Five nights accommodation from staying in the Agena Hotel ( $\notin$ 879) or the Hotel Padoue ( $\notin$ 899). Details on <u>www.ossory.ie</u>

#### SAFEGUARDING IN OUR PARISH

CONTACT The Diocesan Designated Liaison Person, Ms. Kathleen Sherry, 085 802 1633 - dlp@ossory.ie